

Position Description:	Exercise Physiologist / Personal Trainer (Casual)
Role Title:	Exercise Physiologist / Personal Trainer
Employment Type:	Casual / Contractor
Reports To:	Clinical Lead / Director
Location:	Flexible - participant homes, gyms, or community settings across Victoria <i>We match workers with clients within their preferred travel radius and do not require long-distance travel unless mutually agreed upon</i>
NDIS Registration Group Covered:	✓ 0126: Exercise Physiology and Personal Training

Role Purpose

As an Exercise Physiologist or Personal Trainer with Amaze ConnectCare, you will deliver exercise and movement-based interventions that help NDIS participants improve strength, mobility, physical function, and overall health. Services are delivered in-home, in the community, or via telehealth and tailored to each participant's goals and abilities.

Key Responsibilities

- Develop and implement individualised exercise plans to improve participant mobility and functional independence
- Conduct initial assessments and track ongoing progress through measurable outcomes
- Support clients in-home or in suitable community settings (e.g. gyms, parks)
- Provide education about physical health, injury prevention, and movement techniques
- Maintain detailed notes, progress reports, and communications for care teams
- Ensure safe practice aligned with participant needs, clinical judgement, and NDIS requirements
- Collaborate with allied health professionals and support workers to coordinate care

Essential Requirements

- Tertiary qualification in Exercise Physiology or Fitness Training
- ESSA registration (for Exercise Physiologists) or Certificate III and IV in Fitness (for Personal Trainers)
- Australian Citizenship, Permanent Residency, or valid Working Visa
- Current NDIS Worker Screening Check
- Current Working With Children Check (WWCC) - valid in Victoria

- Current First Aid & CPR certificate
- Valid Australian driver's licence
- Professional Indemnity and Public Liability Insurance (if contracting)
- Ability to work independently and communicate effectively with participants and families

Desirable

- Experience working with NDIS participants or in community rehabilitation settings
- Adaptability in program delivery across home-based, gym, or telehealth models
- Understanding of disability-related mobility and health challenges

Award Coverage

This role is covered under the Health Professionals and Support Services Award 2020. Remuneration will be determined based on experience, classification level, and agreed terms.

How to Apply

To apply for this position, please email the following documents to **info@amazecc.com.au**:

- Your current resume (CV)
- A brief cover letter outlining your interest and relevant experience
- A copy of your qualifications, registration, and compliance documents

We welcome applications from professionals who are passionate about enhancing mobility and improving the well-being of people with disabilities across Victoria.

Note: We regularly review expressions of interest and will contact suitable applicants when opportunities arise.